Schedule

Basics of Zhu's Scalp Acupuncture

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Academy
Sustain Health

Time	Day 1	Day 2	Day 3
8:15AM - 9:00AM	Sign In	Sign In	Sign In
9:00AM - 10:45AM	• Introduction to the Theory and Characteristics • Introduction to the Theoretical Foundation, Historical Development, Clinical Characteristics of ZSA, Core Techniques and Unique Advantages • Zone Locations, Functions and Indications (Part 1) • Division of Scalp Acupuncture Functional Zones and Treatment Areas, Along With Their Corresponding Clinical Functions and Common Indications	• Practical Techniques of ZSA (Part 1) • Explanation of ZSA Techniques : Qi-Guided Insertion, Qi Guided Manipulation, Qi Guided Withdrawal, and Needle Removal • Special Manipulation Techniques (Chou Qi & Jin Qi) • In-Depth Explanation of ZSA Unique "Jin Qi" Technique and "Chou Qi" Techniques and Their Clinical Applications	• Review of Key Concepts • Application of Dao Yin and Needling Techniques • How to Integrate Dao Yin With Needling Techniques to Enhance Clinical Outcomes
10:45AM - 11:00AM	Break Real Patient Demonstration (1 Patient)	Break Real Patient Demonstration (1 Patient)	Break Real Patient Demonstration (1 Patient)
11:00AM - 12:30PM	• Zone Locations, Functions and Indications (Part 2) • Further Elaboration on Advanced Zones, Detailed Functions and Special Applications. • Q&A on Theory & Zone Locations	• Practical Techniques of ZSA (Part 2) • Demonstration and Explanation of Advanced Techniques to Reinforce Foundational Skills • Hands on Practice (Special Manipulation Techniques Chou Qi & Jin Qi) • Intro to Dao Yin in Relation to ZSA	• ZSA Case Studies & Principles • Case Analysis Discussion, Explanation of Clinical Application Principles and Diagnostic Reasoning • Q&A on Clinical Application
12:30PM - 1:30PM	Lunch	Lunch	Lunch
1:30PM - 3:00PM	• Hands on Practice (Zone Location) • Demonstration on Practical Essentials: How to Locate Scalp Zones and Needle Insertion • Hands on Practice	• ZSA Case Studies (Allergic Rhinitis, Dysmenorrhea, Menopause, Asthma, Neuralgia, Trigeminal Neuralgia, and Shingles-Related Nerve Pain) • Hands on Practice	• Hands on Practice • Real Patient Demonstrations
3:00PM - 3:15PM	Break	Break	Break
3:15PM - 5:00PM	• Real Patient Demonstrations • Debrief on Treatment of Demo Patients • Q&A and Summary	• Real Patient Demonstrations • Debrief on Treatment of Demo Patients • Q&A and Summary	• Real Patient Demonstrations • Debrief on Treatment of Demo Patients • Q&A and Summary