

# Schedule



## Dr Tan's Core Essentials: Module 1

Dr Eileen Han

| Time              | Day 1                                                                                                                                                                                           | Day 2                                                                                                                                                                                                                            | Day 3                                                                                                                                                                                                                                                                       |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8:15AM - 9:00AM   | Sign In                                                                                                                                                                                         | Sign In                                                                                                                                                                                                                          | Sign In                                                                                                                                                                                                                                                                     |
| 9:00AM - 10:45AM  | <ul style="list-style-type: none"> <li>• Introduction to the Balance Method</li> <li>• History of the Balance Method and Dr Tan</li> <li>• Overview and demo</li> </ul>                         | <ul style="list-style-type: none"> <li>• System Three of the Balance Method – detailed discussion and explanation</li> <li>• System Three of the Balance Method – case studies and demos</li> </ul>                              | <ul style="list-style-type: none"> <li>• Review of key concepts</li> <li>• How to approach pain disorders when a patient walks into your clinic</li> </ul>                                                                                                                  |
| 10:45AM - 11:00AM | Break                                                                                                                                                                                           | Break                                                                                                                                                                                                                            | Break                                                                                                                                                                                                                                                                       |
| 11:00AM - 12:30PM | <ul style="list-style-type: none"> <li>• Use of holographic images in the Balance Method</li> <li>• Mirroring Format</li> <li>• Imaging Format</li> </ul>                                       | <ul style="list-style-type: none"> <li>• System Four of the Balance Method – detailed discussion and explanation</li> <li>• System Four of the Balance Method – case studies and demos</li> <li>• Hands – on practice</li> </ul> | <ul style="list-style-type: none"> <li>• Case studies and demonstration – shoulder pain</li> <li>• Case studies and demonstration – low Back/spine treatments</li> <li>• Case studies and demonstration – bells palsy, shingles, nerve pain</li> </ul>                      |
| 12:30PM - 1:30PM  | Lunch                                                                                                                                                                                           | Lunch                                                                                                                                                                                                                            | Lunch                                                                                                                                                                                                                                                                       |
| 1:30PM - 3:30PM   | <ul style="list-style-type: none"> <li>• System One of the Balance Method – detailed discussion and explanation</li> <li>• System One of the Balance Method – case studies and demos</li> </ul> | <ul style="list-style-type: none"> <li>• System Five of the Balance Method – detailed discussion and explanation</li> <li>• System Five of the Balance Method – case studies and demos</li> </ul>                                | <ul style="list-style-type: none"> <li>• Case studies and demonstration – unexplained pain disorders and combo disorders involving multiple regions</li> <li>• Choosing minimal needles and distal treatments – demos and case studies using cases from audience</li> </ul> |
| 3:30PM - 3:45PM   | Break                                                                                                                                                                                           | Break                                                                                                                                                                                                                            | Break                                                                                                                                                                                                                                                                       |
| 3:45PM - 5:00PM   | <ul style="list-style-type: none"> <li>• System Two of the Balance Method – detailed discussion and explanation</li> <li>• System Two of the Balance Method – case studies and demos</li> </ul> | <ul style="list-style-type: none"> <li>• When to choose which of the 5 systems. Integrating the systems</li> <li>• Final demos and Q &amp; A</li> </ul>                                                                          | <ul style="list-style-type: none"> <li>• Practical concerns: Speaking with patients, handling complications, the number of treatments necessary for elimination of pain, red flags for medical assessment, etc.</li> <li>• Final demos and Q &amp; A</li> </ul>             |